

# Yoga Massage Spa Resort Week-end



"There is no noise in the world. There is no peace in the Himalayas. Both are within you."

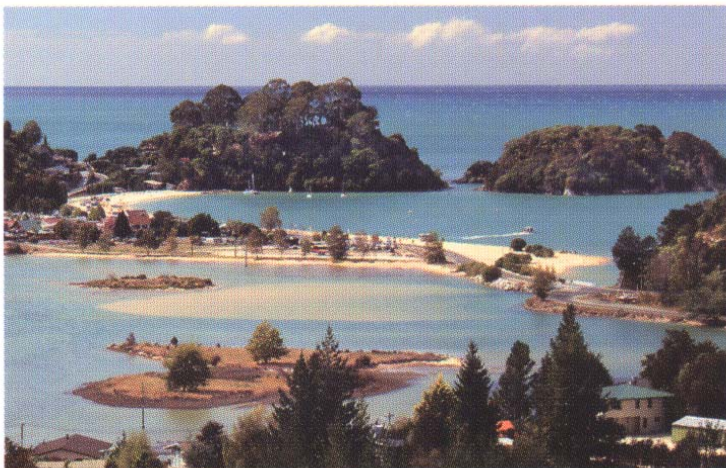
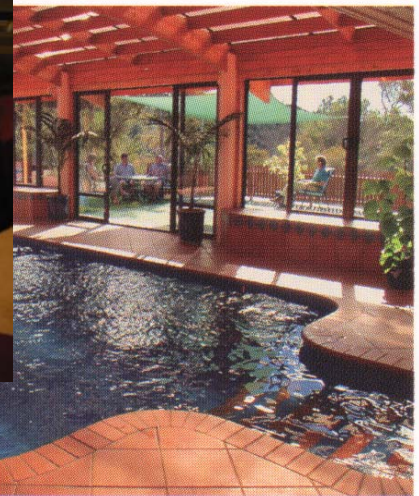
**Where: Kimi Ora Kaiteriteri**

**Dates: Aug Friday 12th to Sunday 14th**

**Cost: \$350**

**Bookings by August 1st**

**Phone 03 768-6102**



**Jivana Yoga Health Retreat**

[www.JivanaRetreat.co.nz](http://www.JivanaRetreat.co.nz)

Cost of our blissful week-end includes luxury chalet accommodation for 2 nights, all delicious cuisine, therapeutic yoga and aroma therapy massage & acupressure, sessions, spas, saunas, steams, and fun aqua yoga in the heated swimming pool.